

Assessment:



Today's Date:

Birthweight: _____

Plan:

Today's Weight:

Infant Feeding Diary

Day # _____ : _____

Recommended volume for supplementation based upon infant weight to gain/grow: _____ mL, every 3 hours (if lacking milk transfer at breast) Recs based upon 8 feedings/day.

Aim for 8-10 nursing/pumping sessions each day.

Table with 14 columns (1-13) and 14 rows: Start time of feeding, How long did baby BF? (min) (lt/rt), Baby's mood, Quality of suck during feed - breast?, Supplement (mL) mom's milk, Supplement (mL) formula, Quality of suck during feed - bottle?, End time of feeding, Total # minutes (breast and bottle) GOAL: less than 30 minutes, Pumping?, How long? GOAL: 10-20 minutes, Amount (mL)

Total number of feeds: _____

Total pumped milk: _____

Total wet diapers: _____

Total dirty diapers: _____

Method of supplementation: syringe, nipple, bottle, other: _____